



SOLAR

Strengthening Osteopathic
Leadership and Research

NEWSLETTER

OCTOBER 2023

[HTTPS://SOLAR-ARCCIM.COM/](https://solar-arccim.com/)



FUNDERS

The generous funding received from Osteopathy Australia (Aus), Osteopathic Foundation (UK), Osteopaths New Zealand (NZ), Unite Pour l'Osteopathie (Fr), and Svenska Osteopatförbundet (Sw) permits annual one-week residencies for 15 international Fellows.

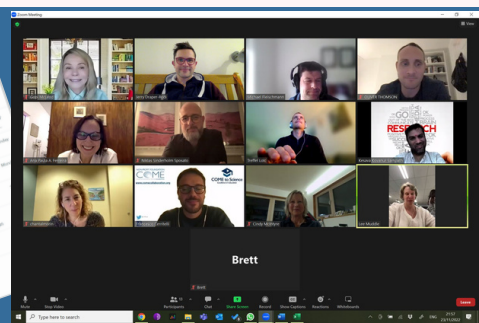
RESIDENTIALS

The first residential was held in Sydney in October 2022, where the SOLAR Fellows met for 4 days to develop their network, collaboration and research.

The second residential was held in Toulouse in September 2023, where the Fellows continued to develop their networking, collaboration and research. Two Fellows met physically with the rest of the group for the first time, which was very positive.

BETWEEN THE RESIDENTIALS

The fellows have developed numerous ways to maintain regular communication and meetings to collaborate on the SOLAR projects.



15 SOLAR PUBLICATIONS SINCE PROGRAMME LAUNCH



1. **Kovanur Sampath, K., Treffel, L., P. Thomson, O., Draper-Rodi, J., Fleischmann, M.** and Tumilty, S., "Changes in biochemical markers following a spinal manipulation—a systematic review update." *Journal of Manual & Manipulative Therapy* (2023): 1-23.
 2. Hohenschurz-Schmidt, D., (...) **Cerritelli F**, (...) & **Draper-Rodi, J.** (2023). Recommendations for the development, implementation, and reporting of control interventions in efficacy and mechanistic trials of physical, psychological, and self-management therapies: the CoPPS Statement. *bmj*, 381. "Recommendations for the development, implementation, and reporting of control interventions in efficacy and mechanistic trials of physical, psychological, and self-management therapies: the CoPPS Statement." *bmj* 381 (2023).
 3. **Thomson, Oliver P., Brett Vaughan, Kesava Sampath, Jerry Draper-Rodi, Michael Fleischmann, and Francesco Cerritelli.** "The osteopaths' therapeutic approaches questionnaire (Osteo-TAQ)-a content validity study." *International Journal of Osteopathic Medicine* 45 (2022): 48-54. "The osteopaths' therapeutic approaches questionnaire (Osteo-TAQ)-a content validity study." *International Journal of Osteopathic Medicine* 45 (2022): 48-54.
 4. Hohenschurz-Schmidt D, **Thomson OP**, Rossettini G, Miciak M, Newell D, Roberts L, Vase L, and **Draper-Rodi J.** "Avoiding nocebo and other undesirable effects in chiropractic, osteopathy and physiotherapy: An invitation to reflect." *Musculoskeletal Science and Practice* (2022): 102677.
 5. **Draper-Rodi, J.**, Vaucher, P., Hohenschurz-Schmidt, D., **Morin, C. and Thomson, O.P.** 4 M's to make sense of evidence—avoiding the propagation of mistakes, misinterpretation, misrepresentation and misinformation. *International Journal of Osteopathic Medicine*, 2022, vol. 44, p. 29-35.
 6. **Draper-Rodi, J.**, Vaucher, P., Hohenschurz-Schmidt, D., **Morin, C. and Thomson, O.P.** Éviter la diffusion de quatre irrégularités pour donner du sens aux preuves : les erreurs, les mauvaises interprétations, les fausses déclarations et les fausses informations. *Mains libres*, 2022.
 7. **Thomson, O.P.**, MacMillan, A., **Draper-Rodi, J.**, Vaucher, P., Ménard, M., **Vaughan, B., Morin, C.**, Alvarez, G., **Sampath, K.K., Cerritelli, F.** and Shaw, R. Opposing vaccine hesitancy during the COVID-19 pandemic-A critical commentary and united statement of an international osteopathic research community. *International Journal of Osteopathic Medicine*, 2021, vol. 39, p. A1-A6.
 8. **Cerritelli, F.**, Iacopini, A., Galli, M., **Thomson, O.P.**, Sundberg, T., Leach, M.J. and **Adams, J.** Evidence-based practice among Italian osteopaths: a national cross-sectional survey. *BMC complementary medicine and therapies*, 2021, vol. 21, p. 1-10.
 9. Leach, M.J., Palmgren, P.J., **Thomson, O.P.**, Fryer, G., Eklund, A., Lilje, S., **Adams, J.**, Skillgate, E. and Sundberg, T., Skills, attitudes and uptake of evidence-based practice: a cross-sectional study of chiropractors in the Swedish Chiropractic Association. *Chiropractic & manual therapies*, 2021, vol. 29, no 1, p. 1-12.
 10. Sundberg, T., Leach, M.J., Lilje, S., **Thomson, O.P.**, Fryer, G., Palmgren, P.J., **Adams, J.** and Skillgate, E. Attitudes, skills and implementation of evidence-based practice: a national cross-sectional survey of licensed naturopaths in Sweden. *Chiropractic & manual therapies*, 2023, vol. 31, no 1, p. 3.
 11. **Cerritelli, F.**, (...) **Thomson O.** Osteopathy: Italian professional profile. A professional commentary by a group of experts of the European community of practice. *International Journal of Osteopathic Medicine*, 2021, vol. 40, p. 22-28.
 12. **Vaughan, B., Steel, A., Fleischmann, M.**, Grace, S., Fitzgerald, K., Engel, R. and **Adams, J.** Osteopathy in rural and remote Australia: analysis of demographic, practice and clinical management characteristics from a nationally representative sample of 992 osteopaths. *Rural and remote health*, 2023, vol. 23, no 1, p. 1-9.
 13. **Fleischmann, M., Vaughan, B.**, Bird, A., Grace, S., Fitzgerald, K. and **McLeod, G.** Demographic, practice and clinical management characteristics of osteopaths referring to podiatrists: secondary analysis of a nationally representative sample of Australian osteopaths. *BMC Health Services Research*, 2022, vol. 22, no 1, p. 224.
 14. **Kesava Kovanur Sampath**; Suzie Belcher; James Hale; **Oliver P Thomson**; Gerard Farrell; Angela Spontelli Gisselman; Rajesh Katare; Steve Tumilty. The role of micro-RNAs in neuropathic pain: a scoping review. *PAIN Reports*® [accepted for publication]
 15. **McIntyre et al.**; Leadership and capacity building in international osteopathic research: introducing Strengthening Osteopathic Leadership and Research (SOLAR) programme [under submission]
- Collective book: Osteopathic mythologies*, under the direction of L'Hermite P-L, L'harmattan [in press]
- **Treffel L**: out of place vertebra myth
 - **Draper-Rodi J**: Holism in osteopathy myth



ROE conference (Majorca): April 2023

- **Morin C.** Interprofessional collaboration.
- **Treffel L.** Neuropathic pain after breast cancer.
- **Cerritelli F.** Overview of osteopathic management of paediatric conditions.
- **Draper-Rodi J.** How to support osteopaths to engage with research. Keynote presentation
- **Cerritelli, Morin & Draper-Rodi:** round table on osteopathic professional identity

Quantum Global (Milan) April 2023

- **Cerritelli F. Ferreira AP, Morin C.** moderators

Danske Osteopater conference (Copenhagen) April 2023

- **Cerritelli, F.** Overview of osteopathic literature and impact.
- **Draper-Rodi, J.** Danish, Europe and UK data from the PROMs projects.

JOdP (Paris) June 2023

- **Morin, C.** ENT management.
- **Treffel, L.** Cervical kinematic recorder project
- **Draper-Rodi, J.** Manual therapy effectiveness for cervicogenic headaches

Nordic Osteopathic Alliance Webinar series fall 2023

- **Sinderholm Sposato N.**
- **Thomson O.** What's wrong with osteopathy?
- **Draper-Rodi & Fabusuyi.** Becoming a more inclusive practice

ITO-IRFO congress (Toulouse) September 2023

- **Steel & Adams.** Growing capacity in osteopathy
- **All Solar fellows.** Research collaboration [round table]
- **Treffel L.** ALGOS protocol
- **Treffel L.** osteopathy in post mastectomy after breast cancer: a case series
- **Treffel L.** Myoton Pro: how to use it
- **Treffel L.** Medical ultrasound in osteopathic practice

COME Collaboration series on Setting up your own PBRN between May and October 2023

Steel A & Draper-Rodi J. Facilitated by Vaucher P. Presenting PBRNs: two webinars and one workshop

